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**MARK RYAN MP
STATE MEMBER FOR MORAYFIELD**

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Daily impact of diabetes in the spotlight at Parliament House

Diabetes in the Caboolture Region was a focus of the Daily Diabetes Footprint display at Parliament House this week.

State Member for Morayfield, Mark Ryan MP said coming face-to-face with the 62 life-sized images of people with diabetes standing on the Speakers Green of Queensland Parliament House shows the enormous impact which diabetes is having on individuals, families and our communities.

Every day, 60 Queenslanders are diagnosed with type 2 diabetes and two are diagnosed with type 1 diabetes.

"The estimated total cost of diabetes to Queenslanders was \$6.9 billion in 2008. Type 2 diabetes is largely preventable and makes up 85-90 per cent of the diabetes footprint," Mr Ryan said.

"In the Morayfield electorate alone, type 2 diabetes rates went from 3.93 per cent in 2007 to 4.42 per cent in 2011, which is an increase of 12.66 per cent in the past four years.

"I'm keen to work with Diabetes Queensland and our local community to help reduce the impact of type 2 diabetes.

"We need to encourage Queenslanders to improve their lifestyle by making healthy choices the easy choices," said Mr Ryan.

"Although type 1 diabetes is not preventable, a lot can be done to reduce the impact of type 2 diabetes which is projected to double in Queensland by 2032 according to the 2010 Queensland Chief Health Officer's Report.

"To reduce your risk of type 2 diabetes, choose nutritious food, be physically active and maintain a healthy body weight, said Mr Ryan.

To assess your risk of type 2 diabetes, visit **www.diabetesqld.org.au**

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